THE NYACKS • VALLEY COTTAGE

OCADA

Our Community Against Drug Abuse

PRIDE Survey Results

2020

Katy Roberts, EdD, MPH, MCHES, CPH

PRIDE Questionnaire

- Determines patterns of substance use, perceptions of harmfulness, and risk and protective factors
- Repeated administration assists in assessing trends over time
- Useful when selecting specific prevention and intervention strategies
- Drug Free Communities (DFC) Support Program requirement
- Administered the *PRIDE Risk and Protective Factor Questionnaire for Grades 6 to 12*

Monitoring the Future

- Survey of 8th, 10th, 12th graders
- Conducted yearly for the past 46 years, funded by National Institute of Drug Abuse (NIDA)
- Representative cross section of students throughout United States
- Latest survey results in 2020 was a smaller national sample than in previous years due to COVID-19 halting the data collection, however the results were still considered representative:
  - 11,821 students surveyed (usually over 40,000)
  - 112 public and private high schools and middle schools. (usually 400)
  - Representative cross section of students throughout United States

SourceJohnston, L. D., Miech, R. A., O'Malley, P. M., Bachman, J. G., Schulenberg, J. E., & Patrick, M. E. (2021). Monitoring the Future national survey results on drug use 1975-2020: Overview, key findings on adolescent drug use. Ann Arbor: Institute for Social Research, University of Michigan. Available at http://monitoringthefuture.org

PRIDE Survey Demographics

	2017	2020
8th Grade	203	177
11th Grade	154	168
12th Grade	-	142
Total	**357**	**487**
Male	48%	46%
Female	52%	54%
White	43%	43%
Hispanic	15%	18%
African American	15%	16%
Asian	7%	7%
Native American	1%	1%
Multi-Racial/Other	19%	15%

Most Prevalent Substances Used by Youth

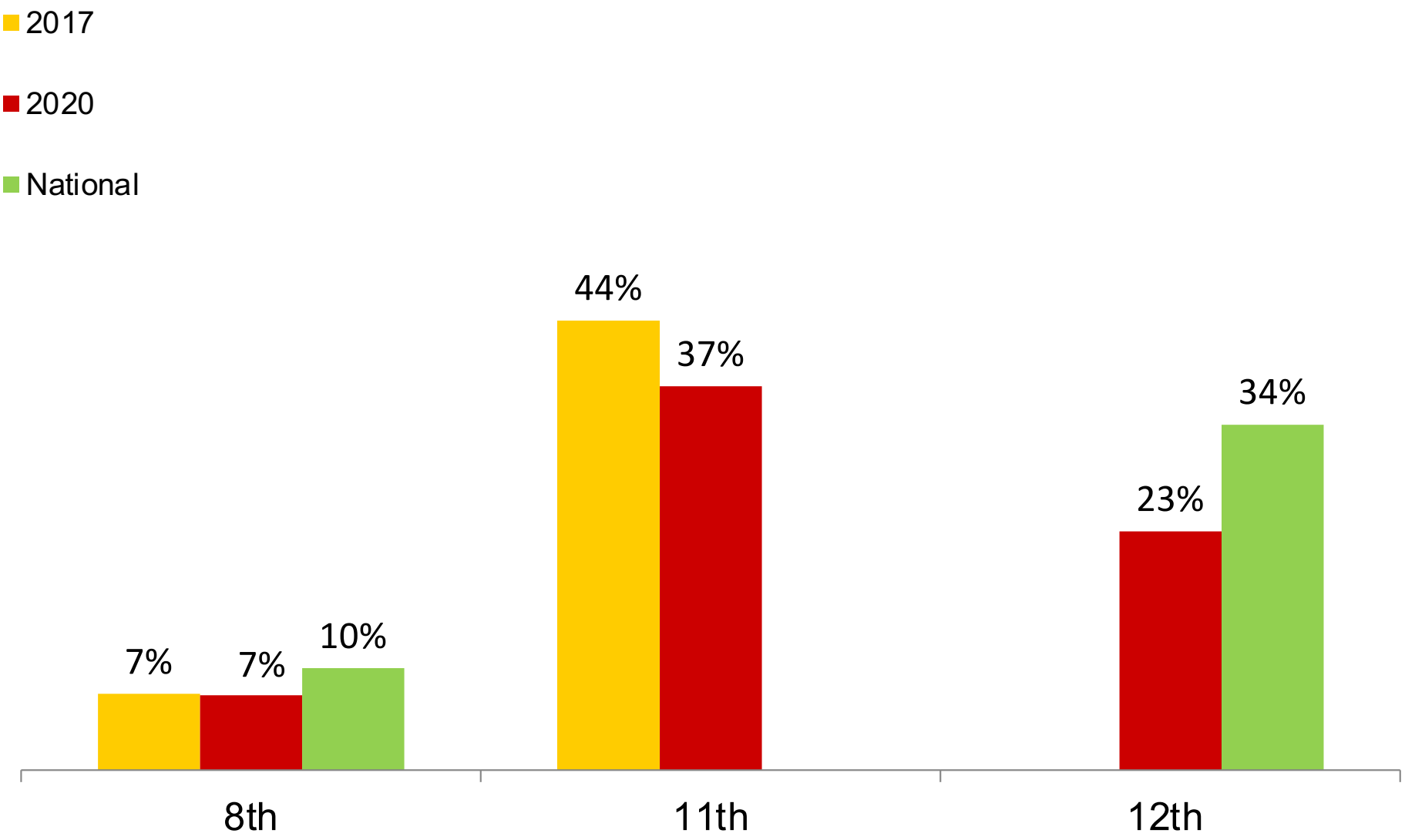
- ***Alcohol***

- ***Marijuana***

- ***E-Cigarettes***

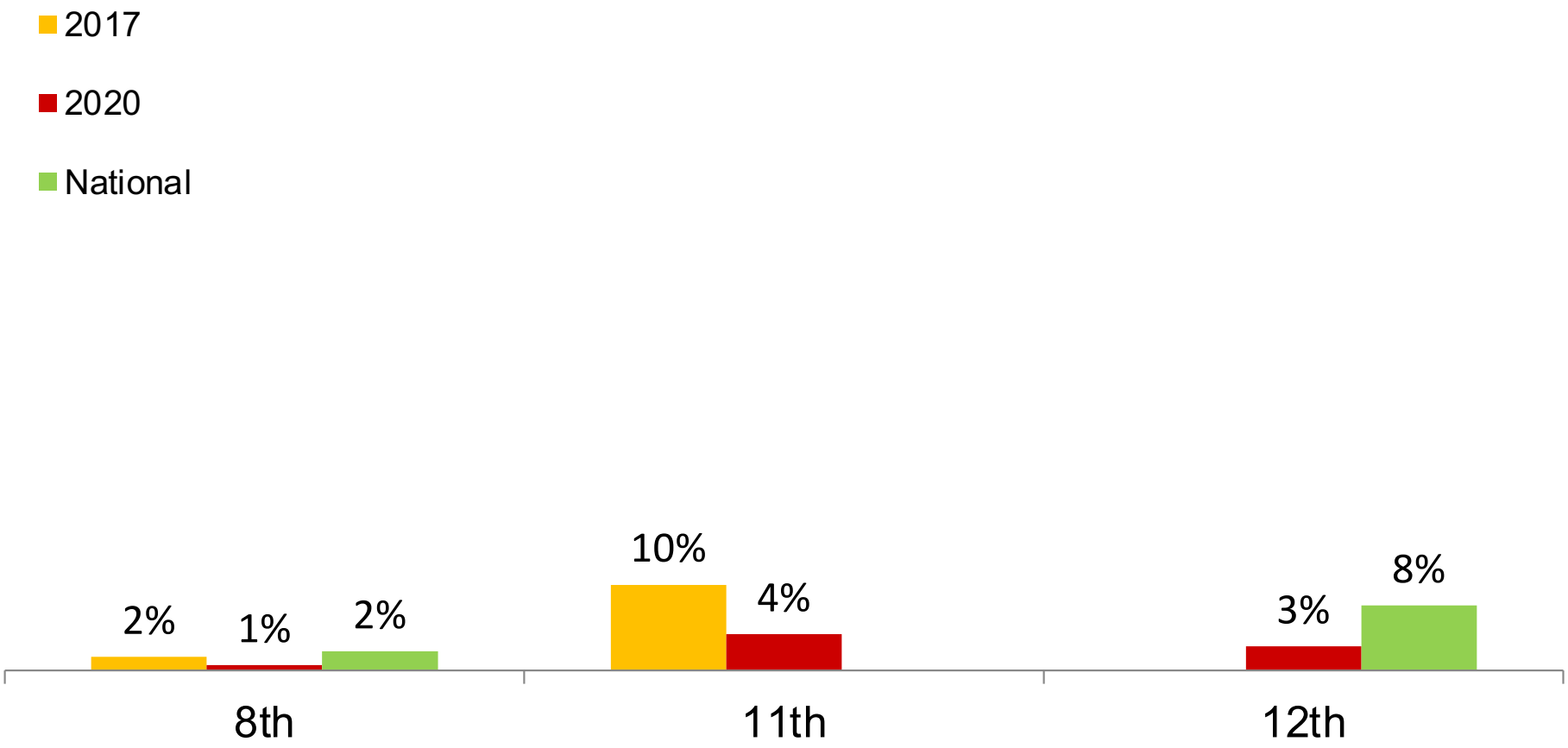
Alcohol Use

Drink one or more drinks of an alcoholic beverage during the **PAST 30 DAYS?**



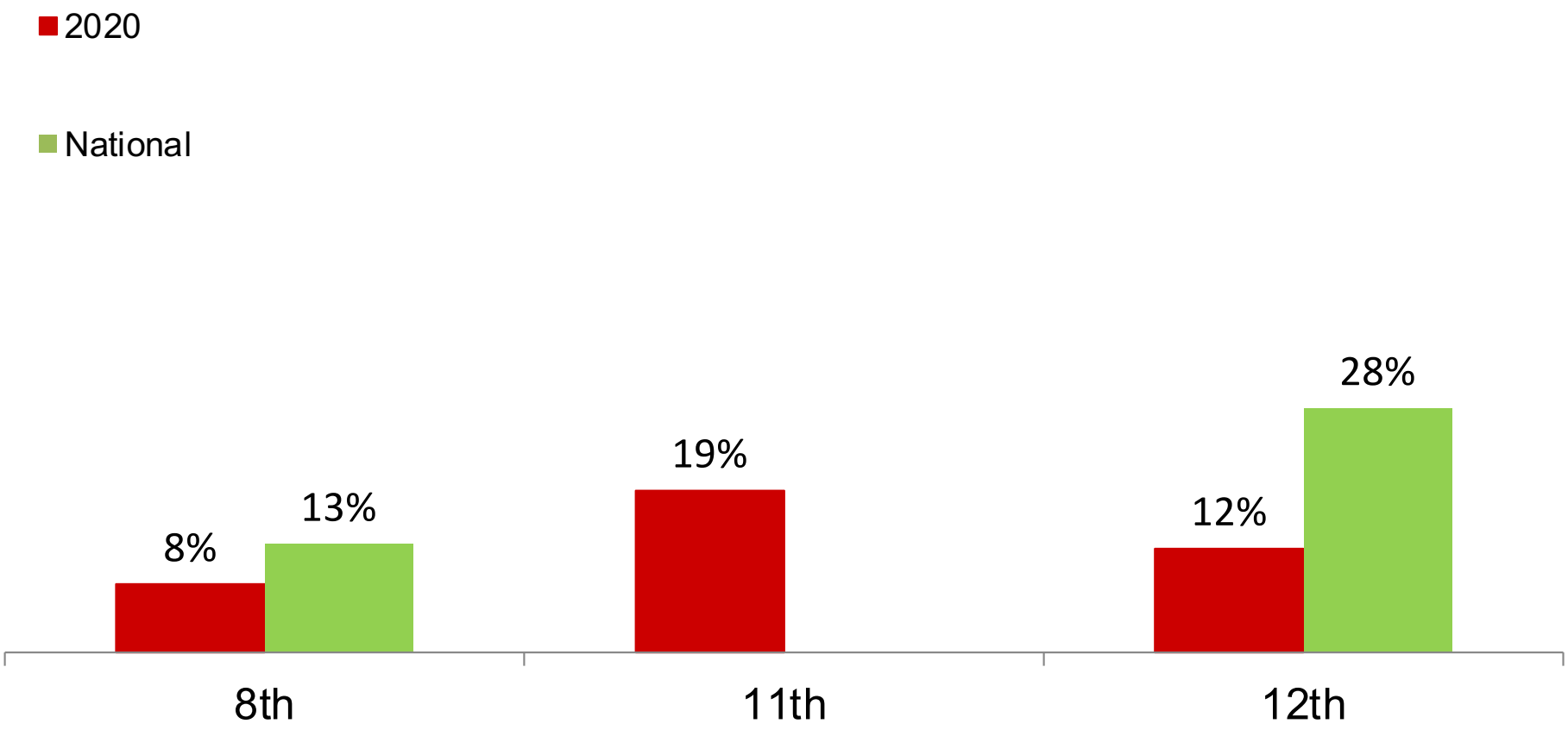
Cigarette Use

Smoked part or all of a cigarette during the **PAST 30 DAYS?**



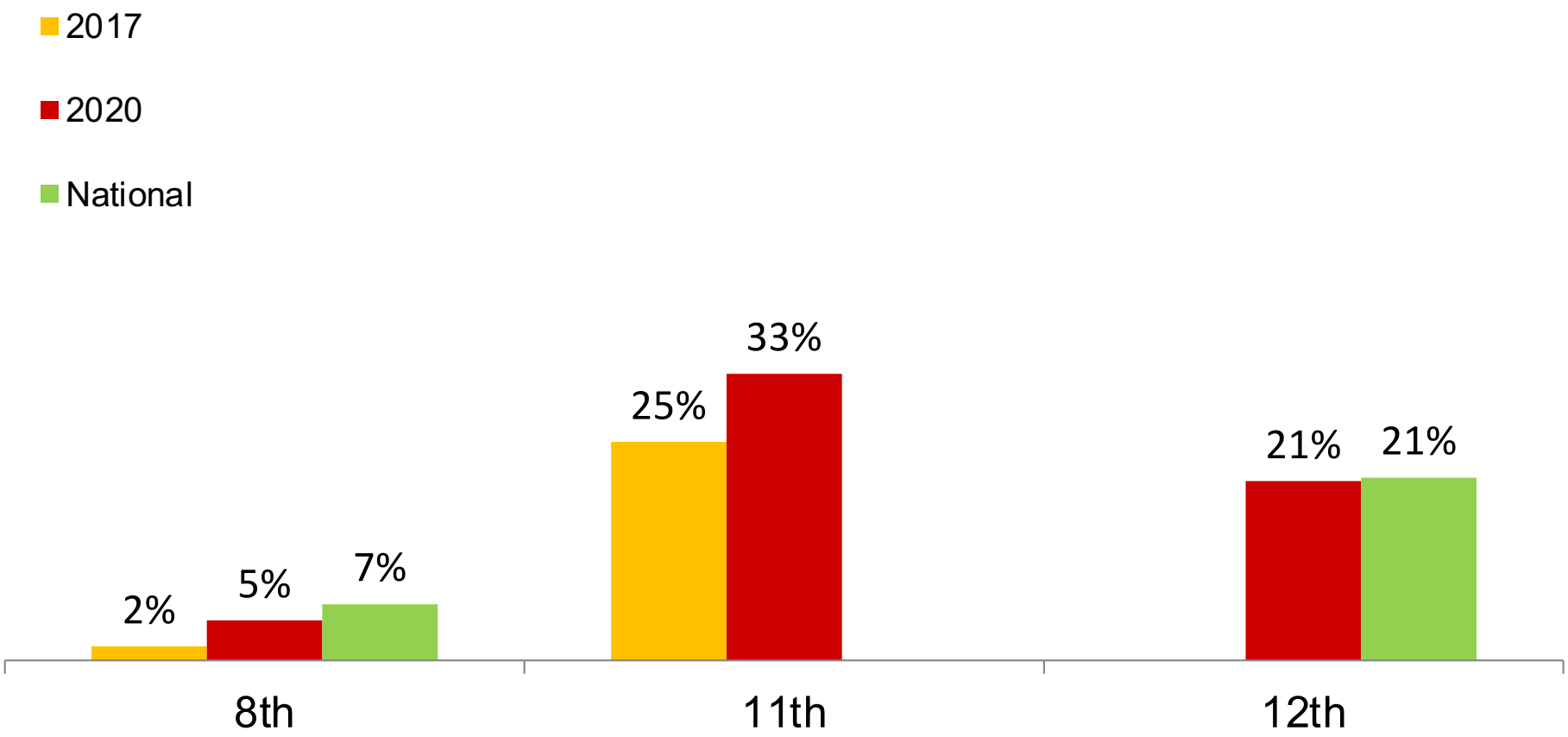
E-Cigarette Use

Used e-cigarette, vape pen, e-liquid rig (JUUL, NS, Joytech, etc.) excluding marijuana products PAST 30 DAYS?



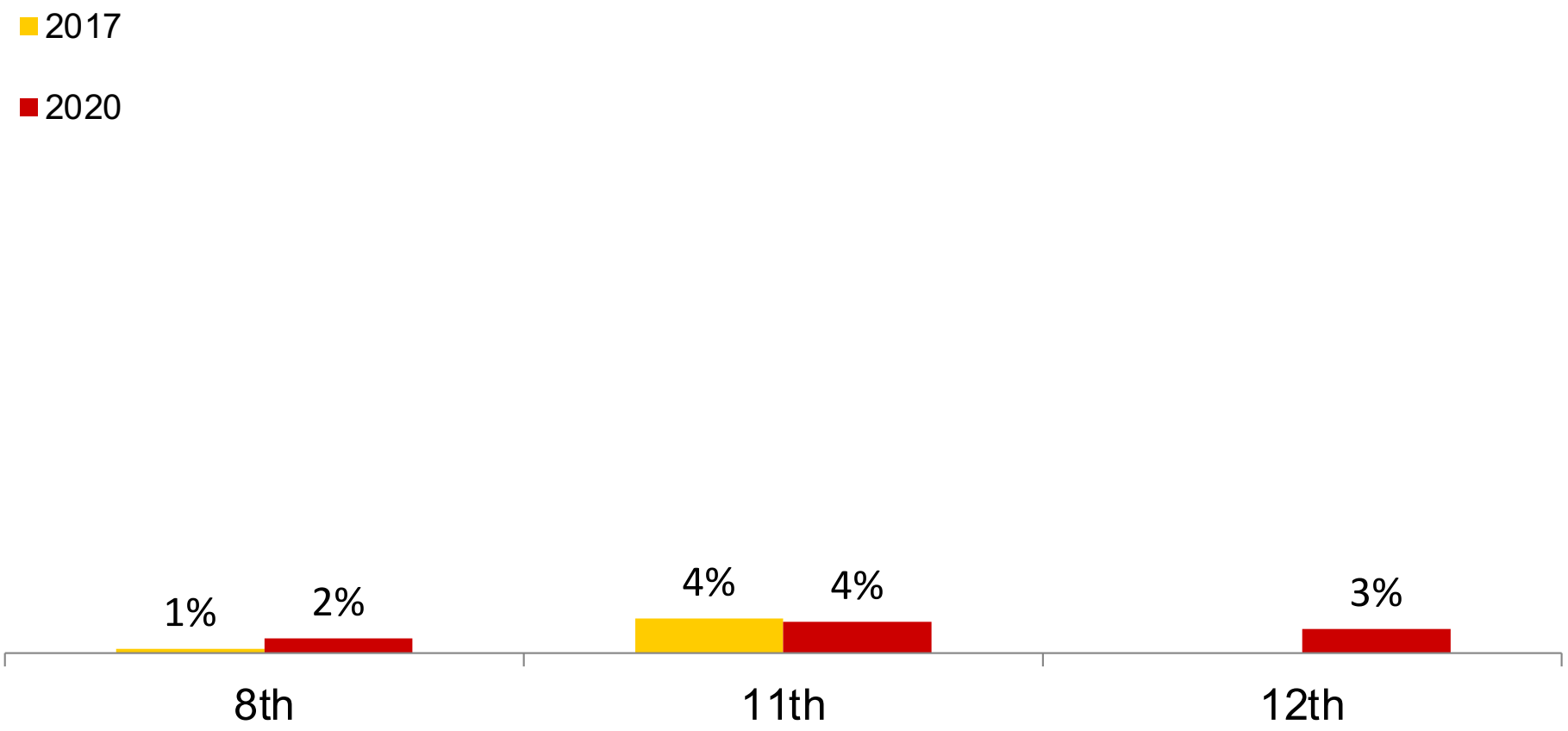
Marijuana Use

Used marijuana or hashish during the **PAST 30 DAYS?**



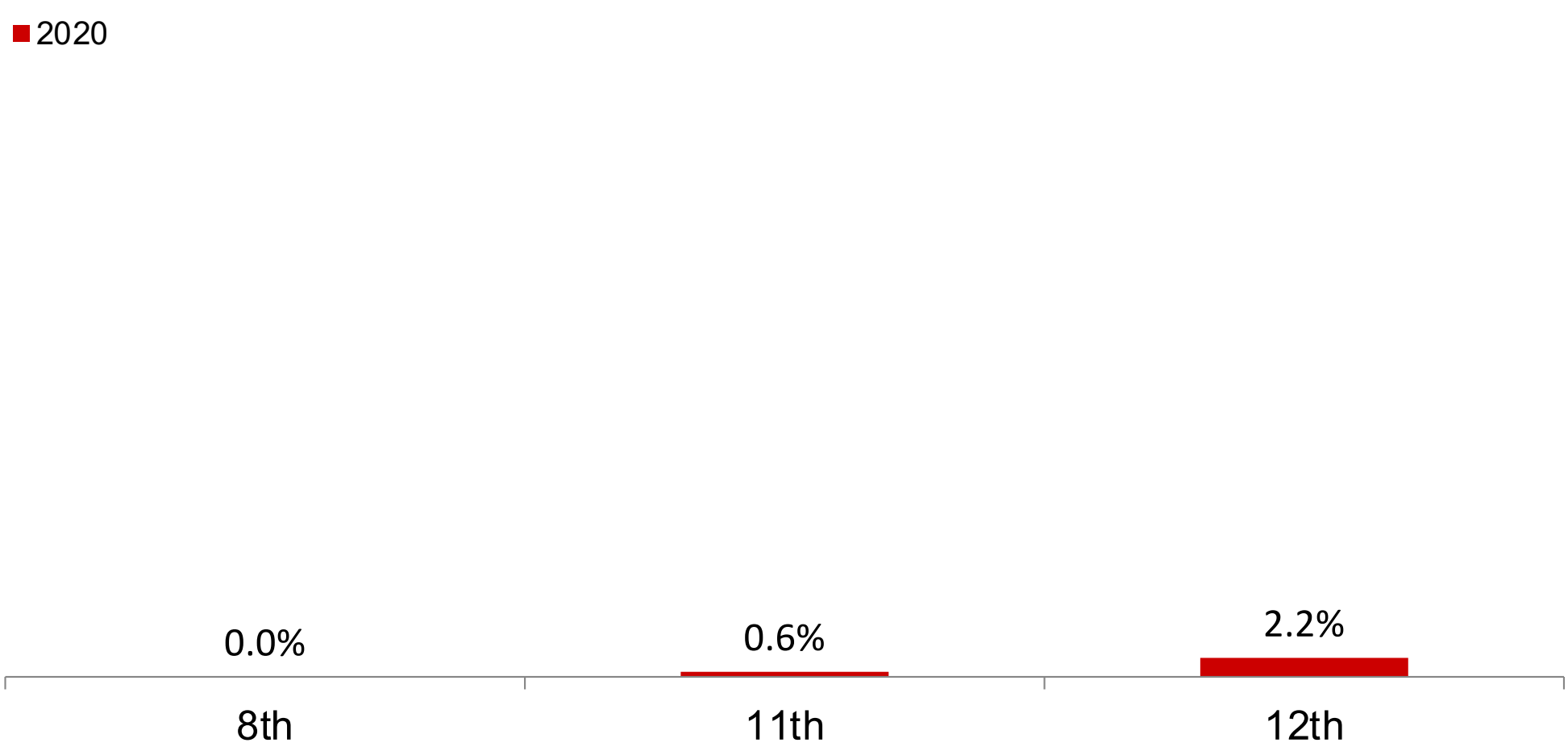
Prescription Drug Use

Used prescription drugs not prescribed to you during the **PAST 30 DAYS**?



Opioid Use

Have you ever taken prescription opioid pain killers that were not prescribed to you just because you wanted to?



Heroin use is part of a larger substance abuse problem.

Nearly all people who used heroin also used at least 1 other drug.

Most used at least 3 other drugs.

Heroin is a highly addictive opioid drug with a high risk of overdose and **death** for users.

People who are addicted to...

ALCOHOL

are

2x

MARIJUANA

are

3x

COCAINE

are

15x

Rx OPIOID PAINKILLERS

are

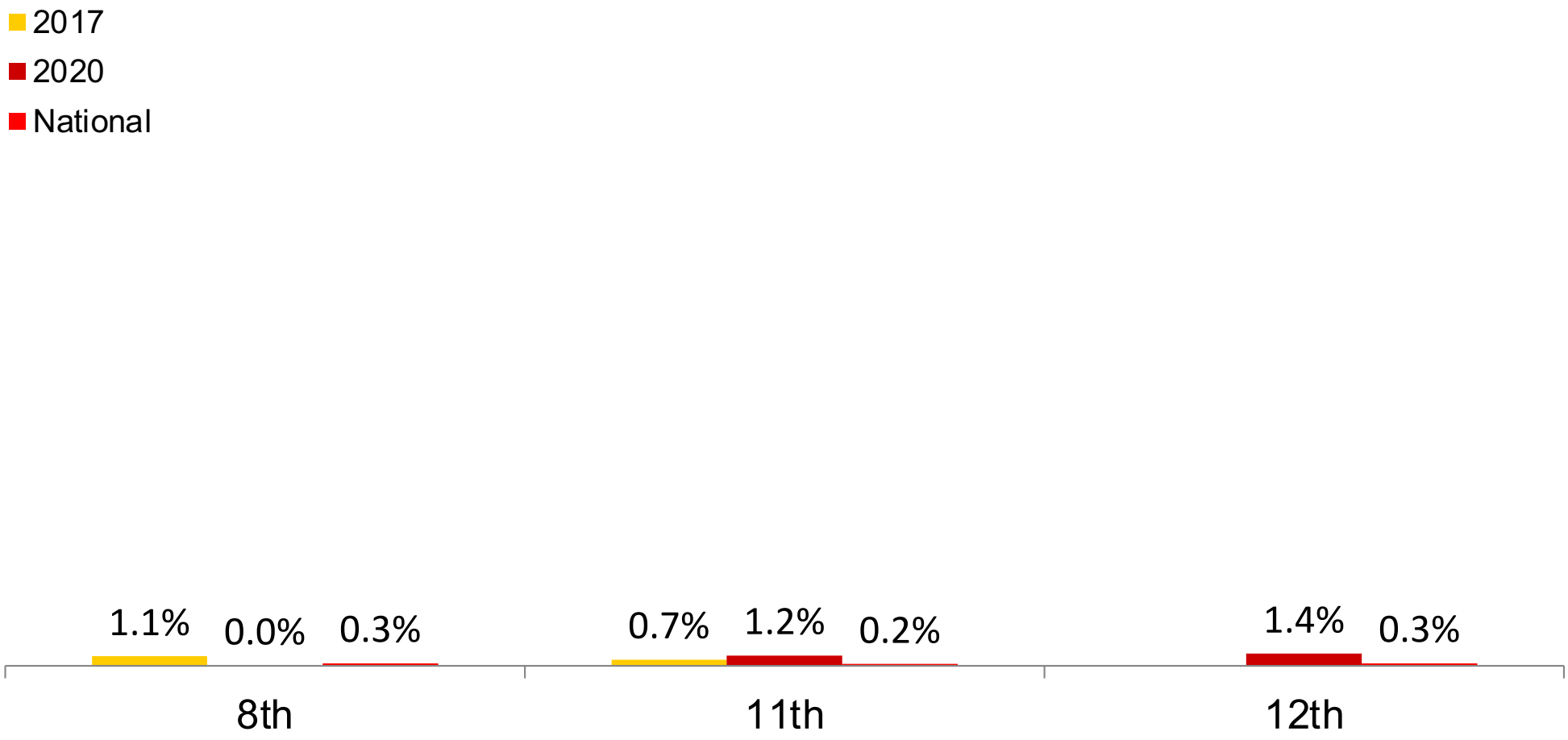
40x

...more likely to be addicted to heroin.

SOURCE: National Survey on Drug Use and Health (NSDUH), 2011-2013.

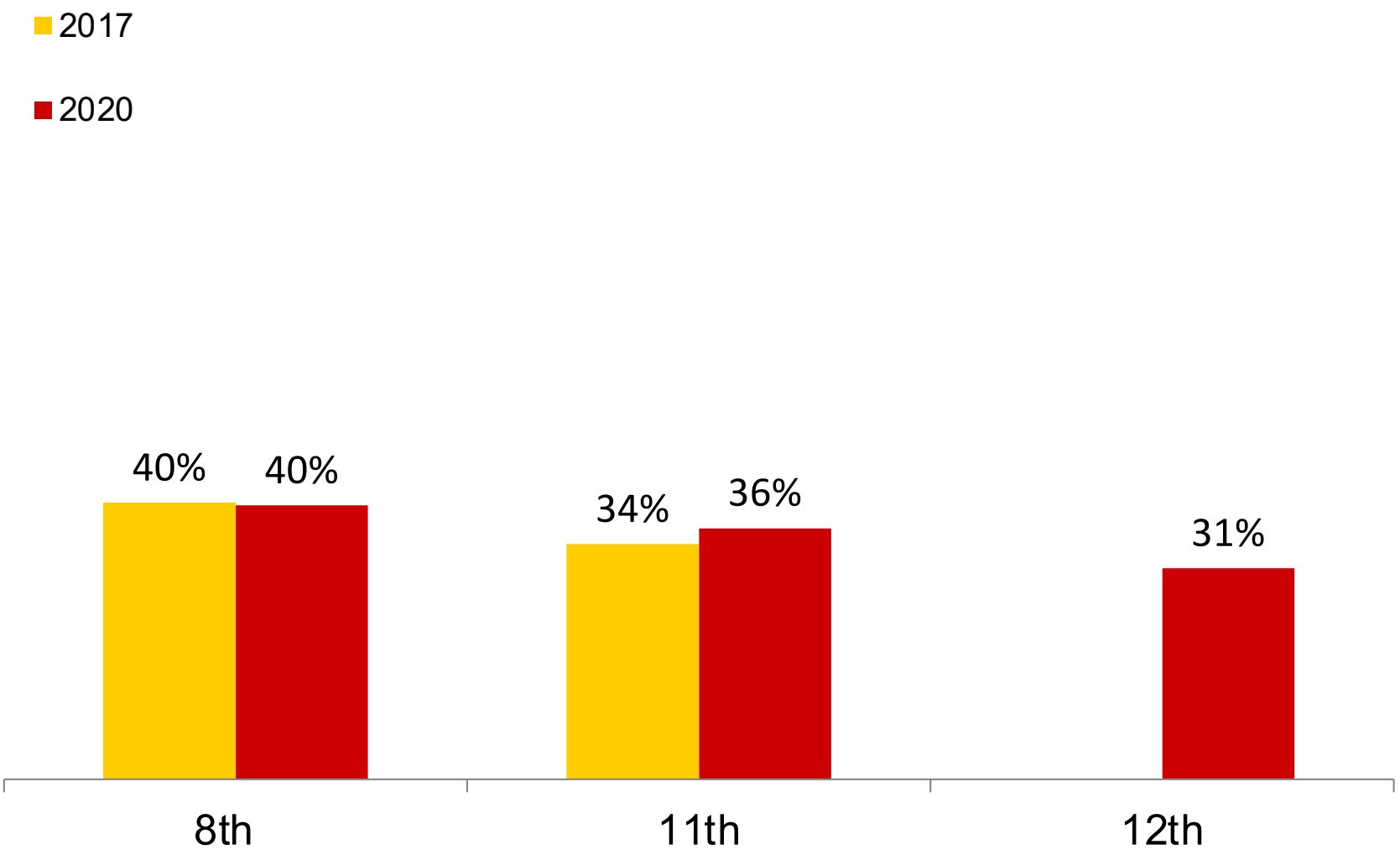
Heroin Use

Used heroin to you during the **PAST YEAR**?

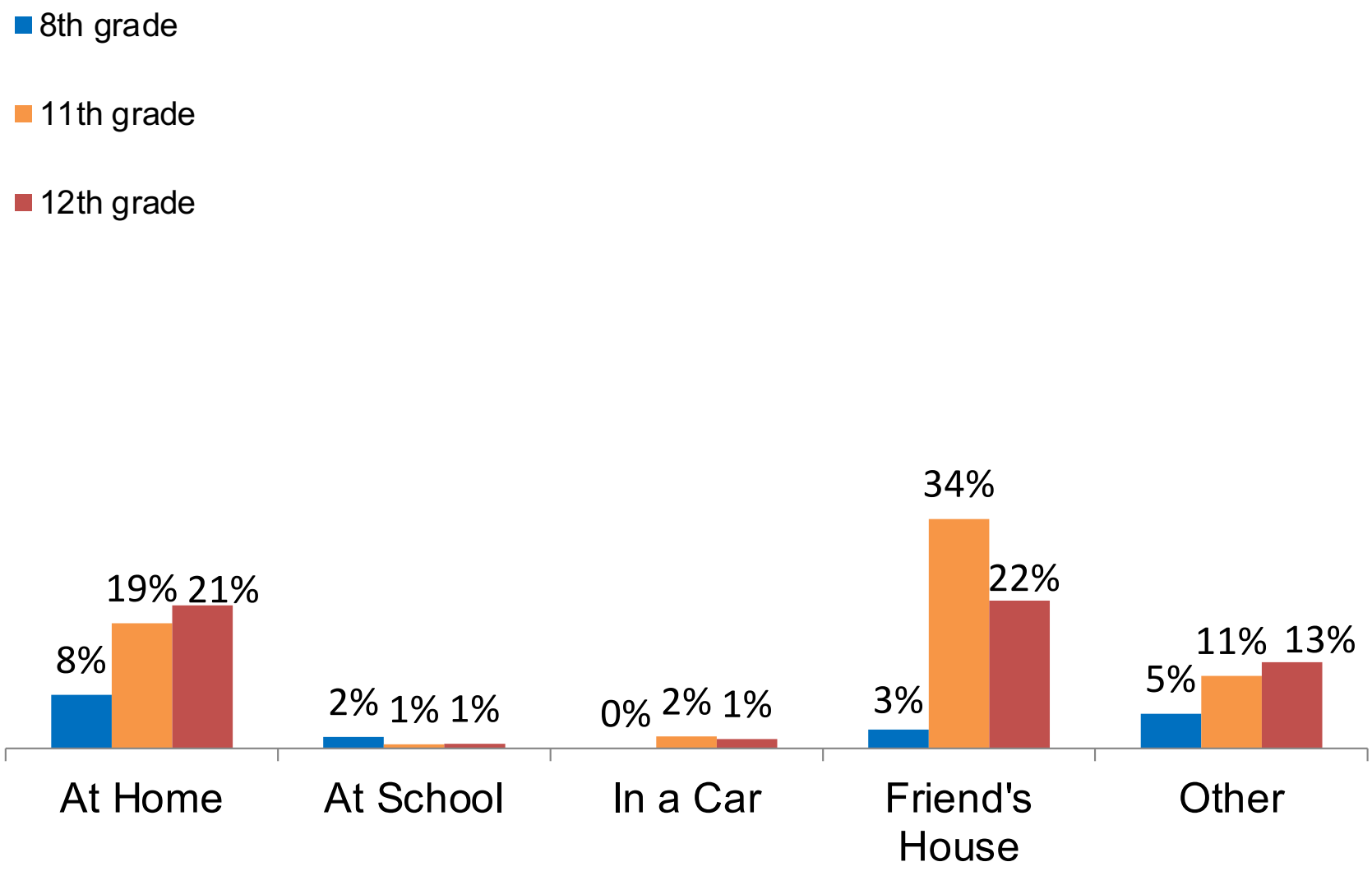


Parents Talk To You About the Problems of Tobacco, Alcohol, and Drug Use

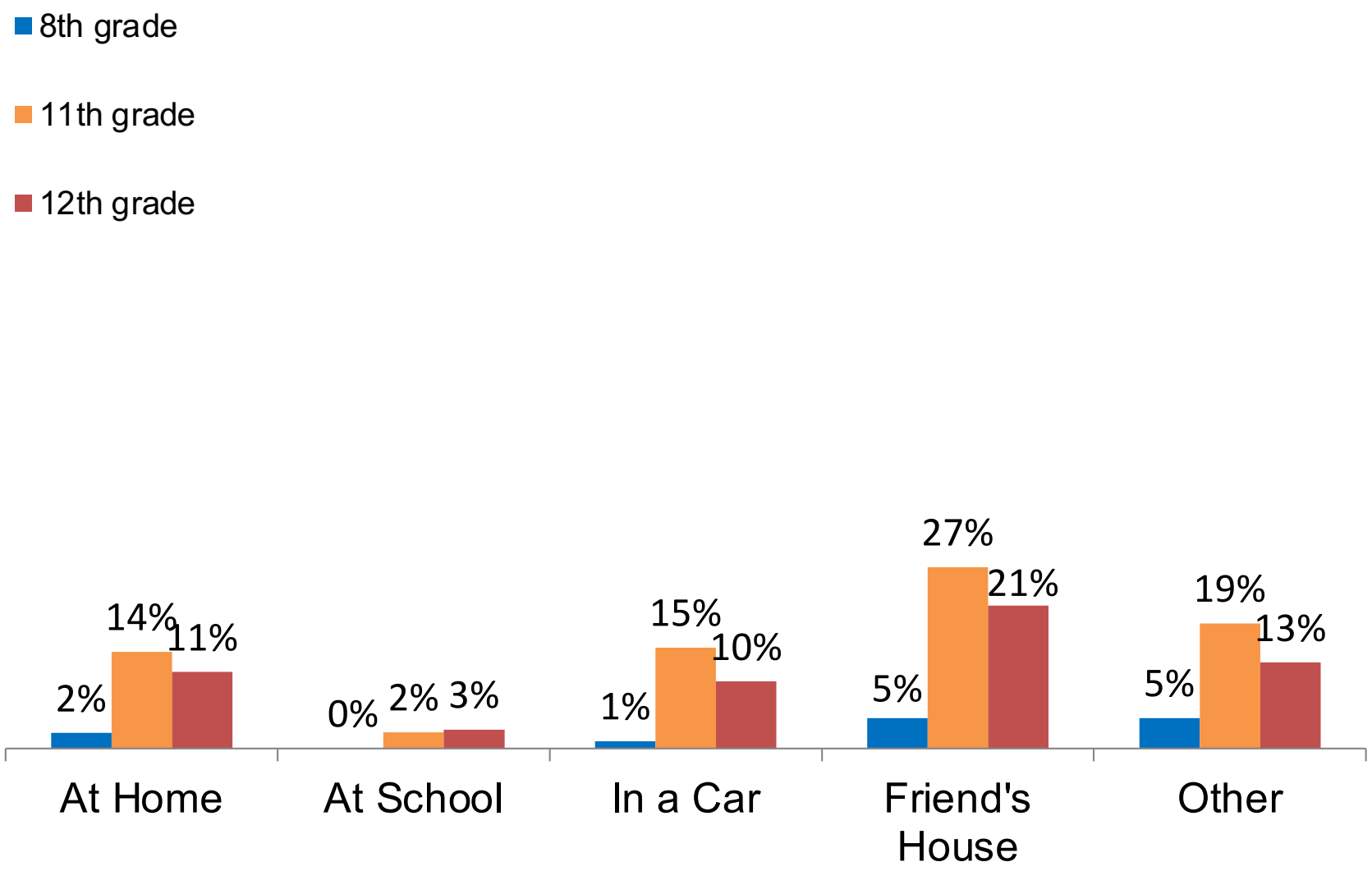
(Often and A lot)



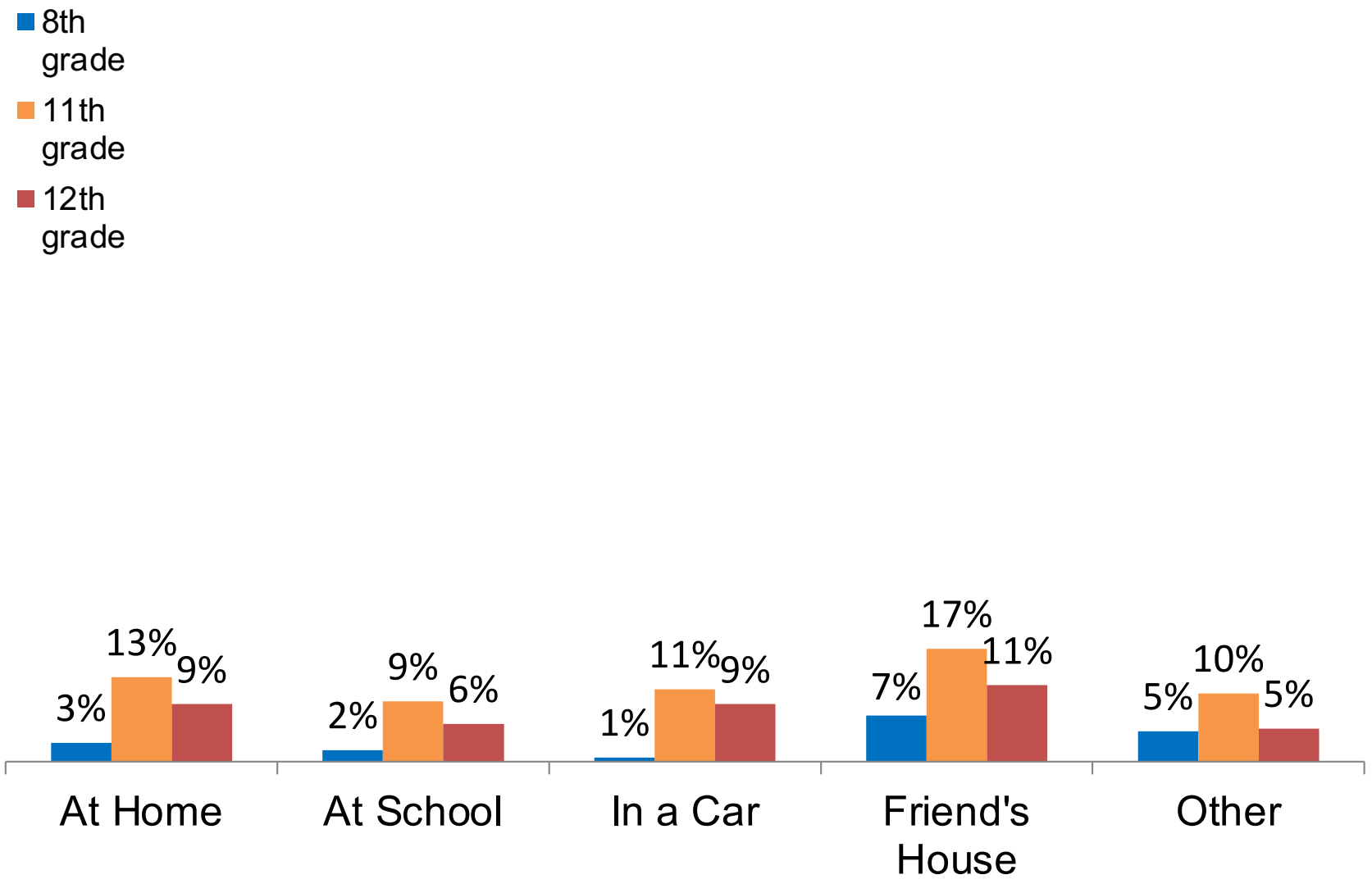
Where Do You Use Alcohol?



Where Do You Use Marijuana?

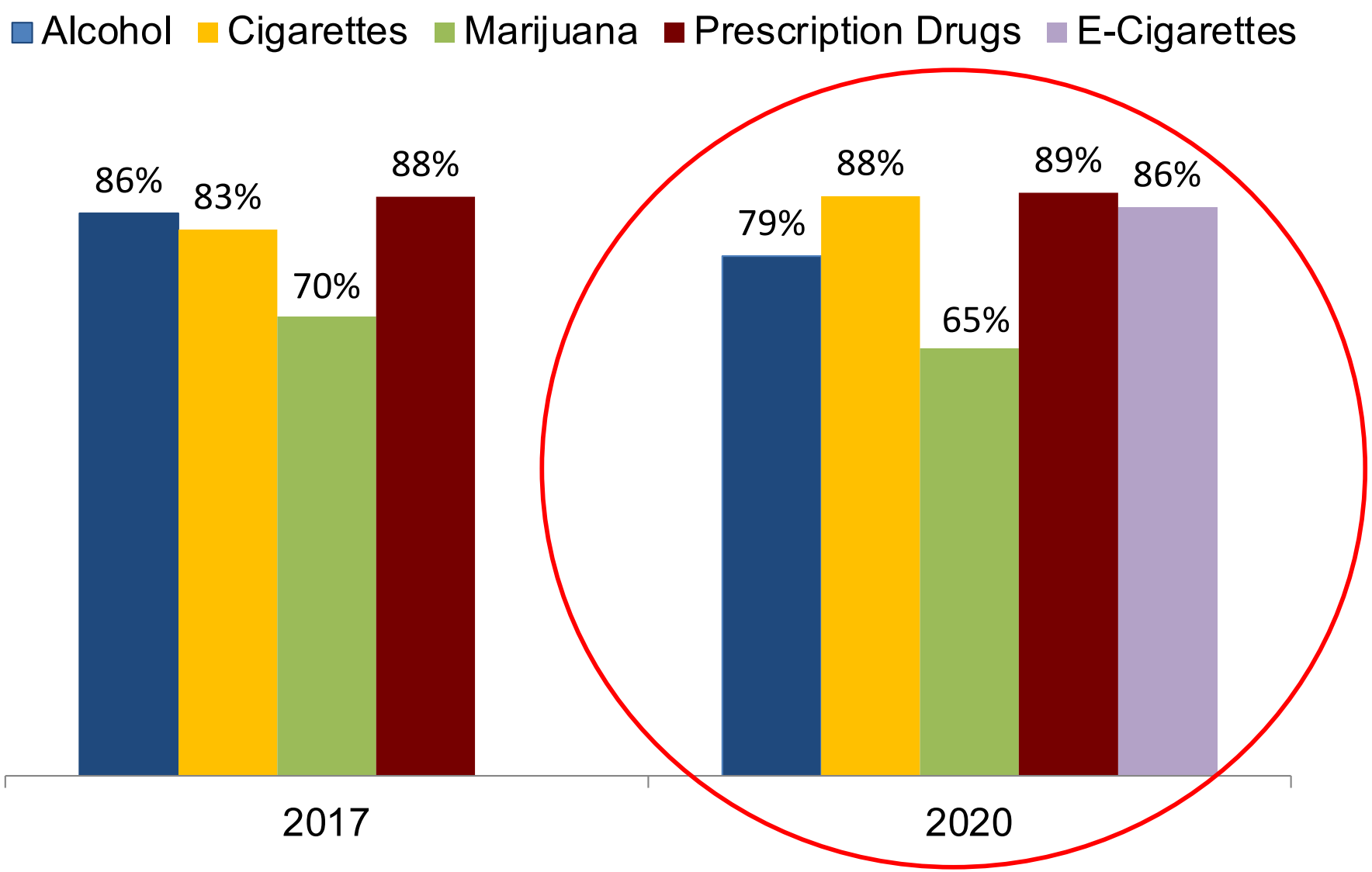


Where Do You Use E-Cigarettes?



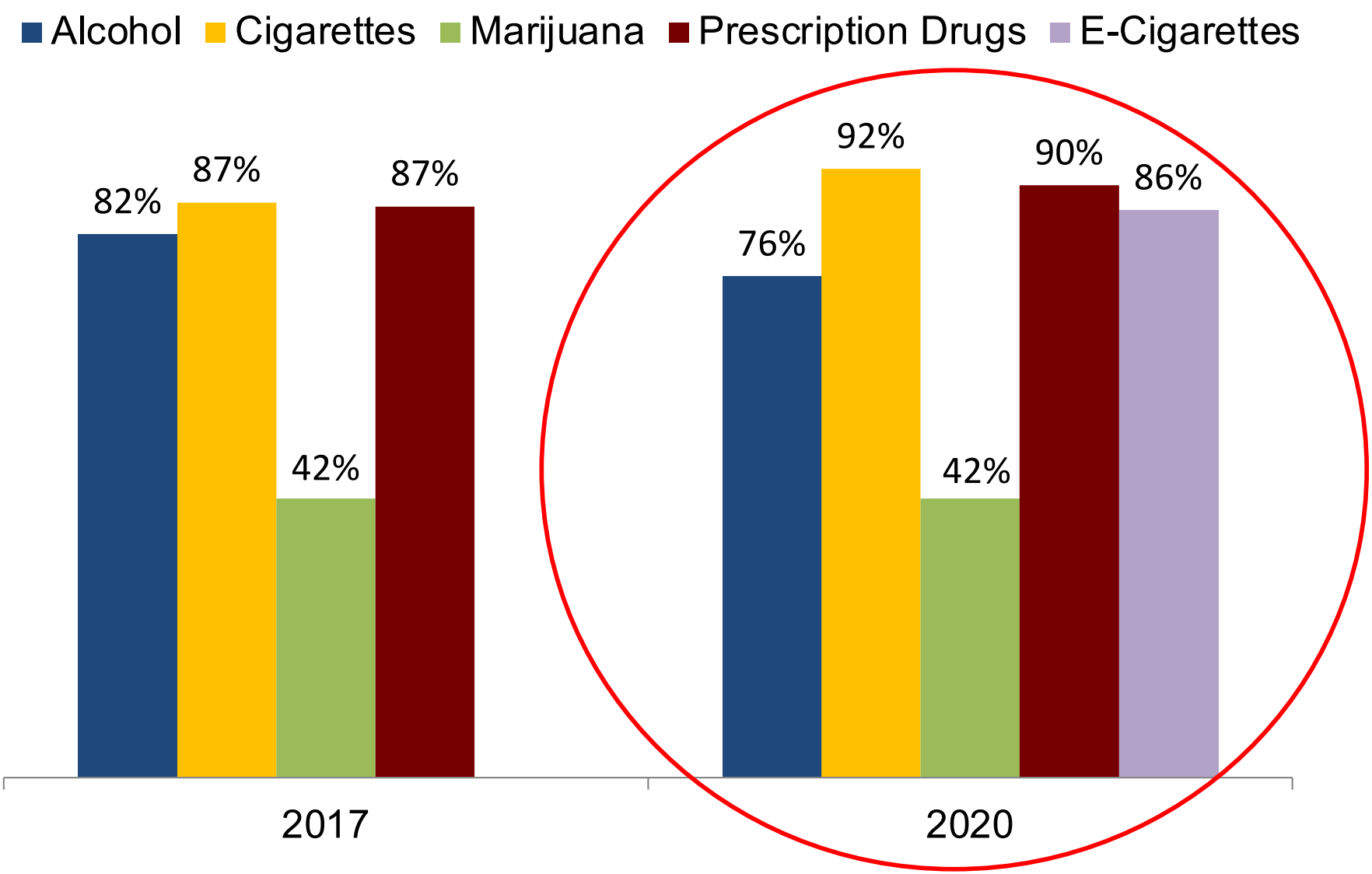
Perception of Risk – 8th Grade

(Moderate or Great Risk of Harm)



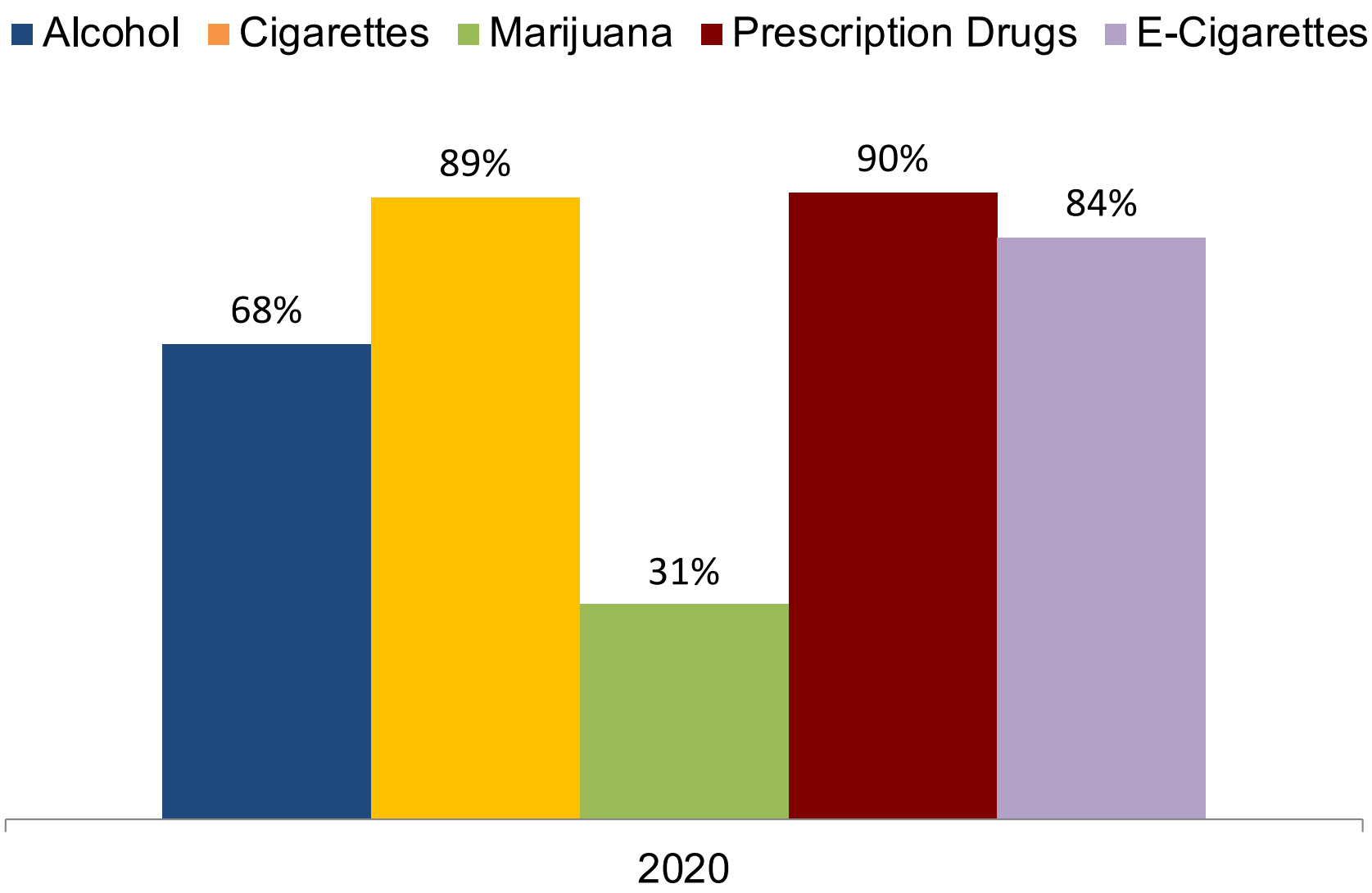
Perception of Risk – 11th Grade

(Moderate or Great Risk of Harm)



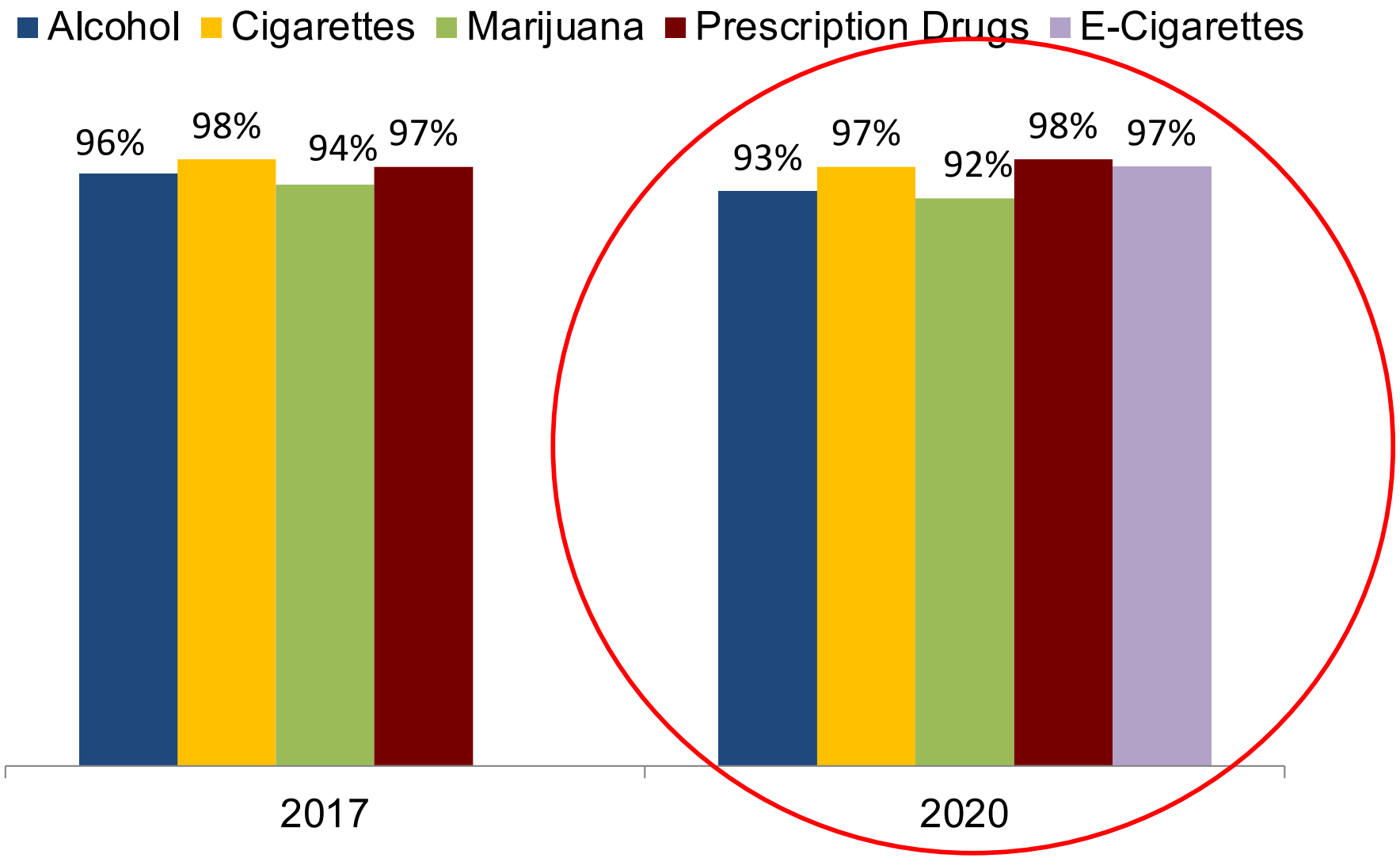
Perception of Risk – 12th Grade

(Moderate or Great Risk of Harm)



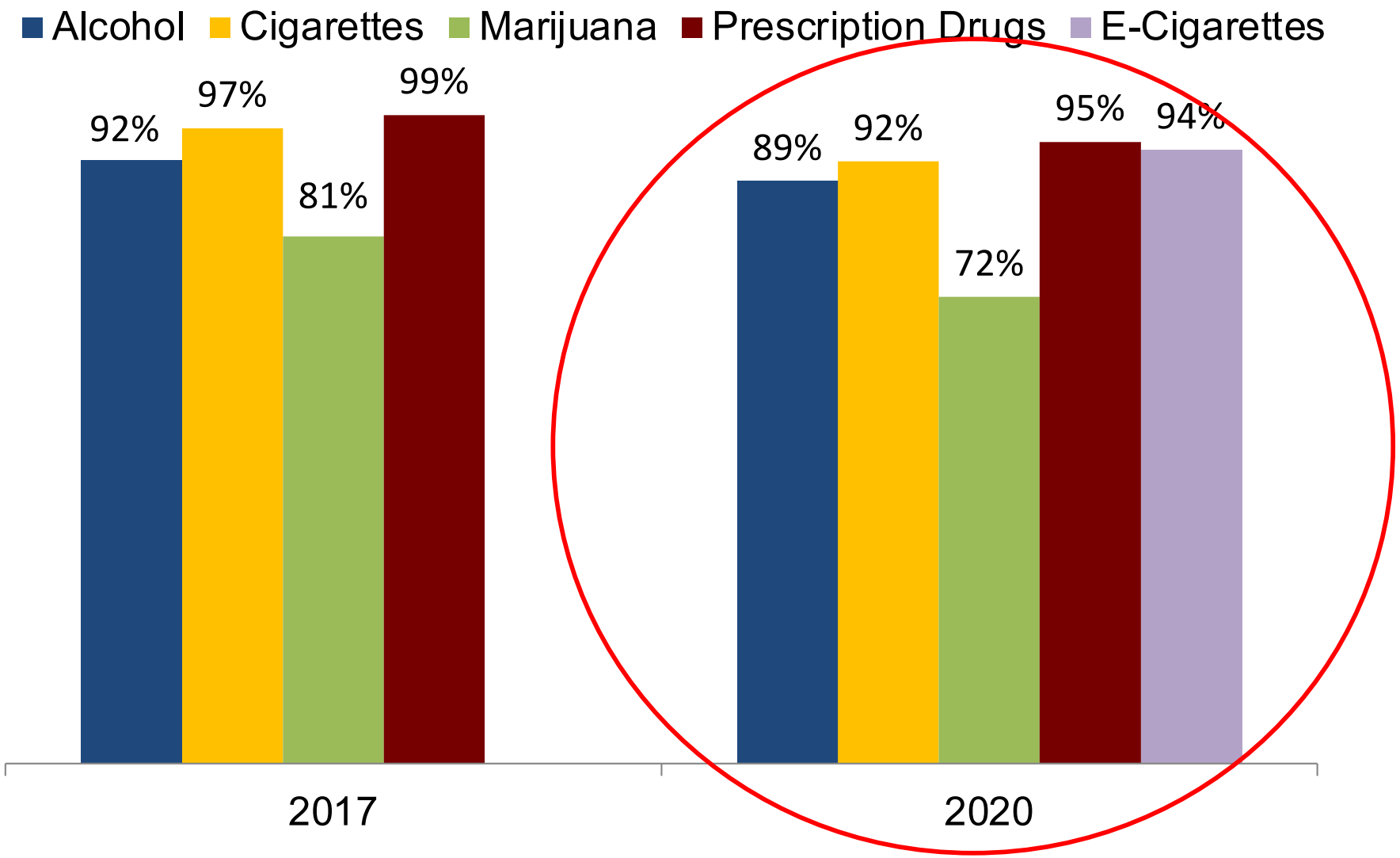
Perception of Parental Disapproval – 8th Grade

(Wrong or Very Wrong to use)



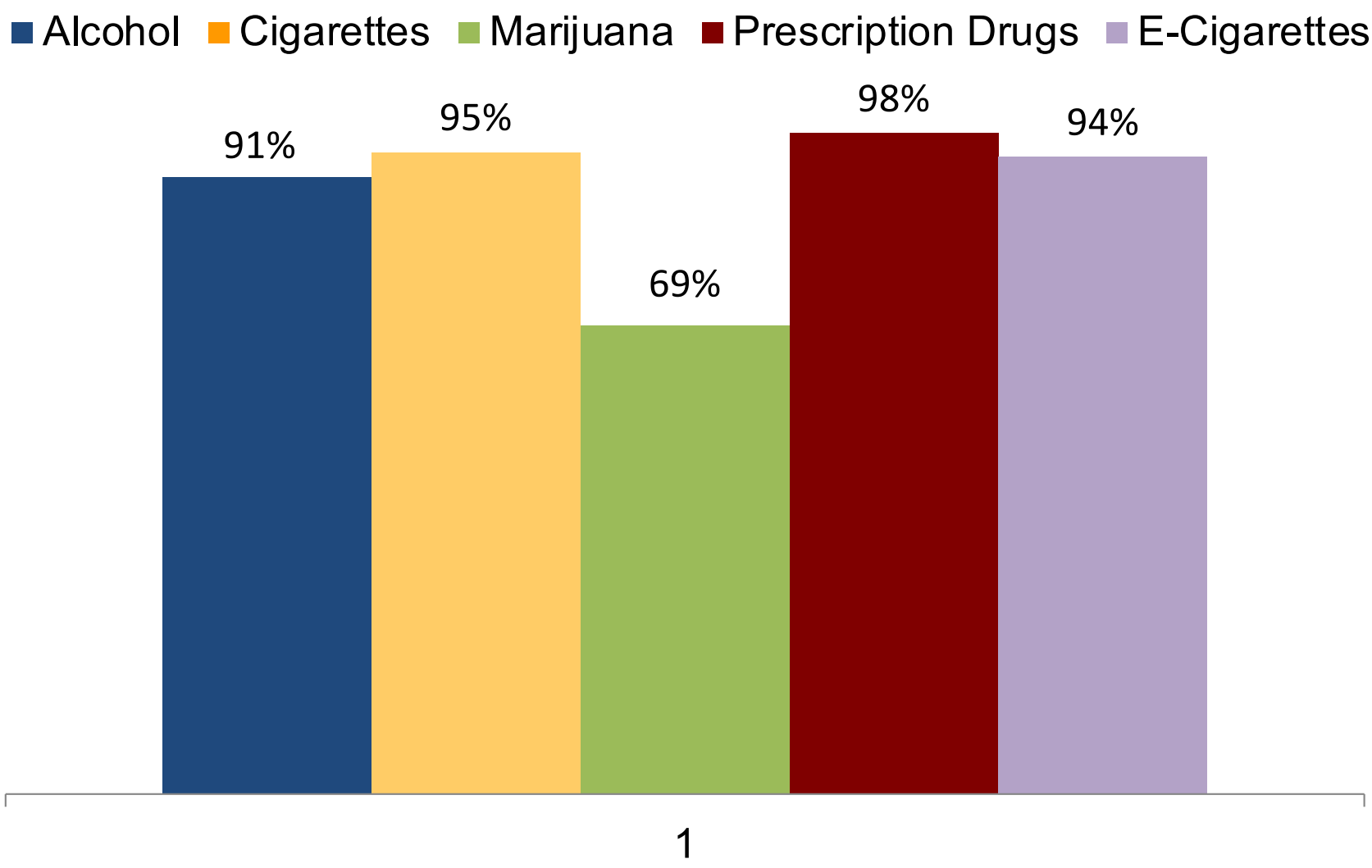
Perception of Parental Disapproval – 11th Grade

(Wrong or Very Wrong to use)



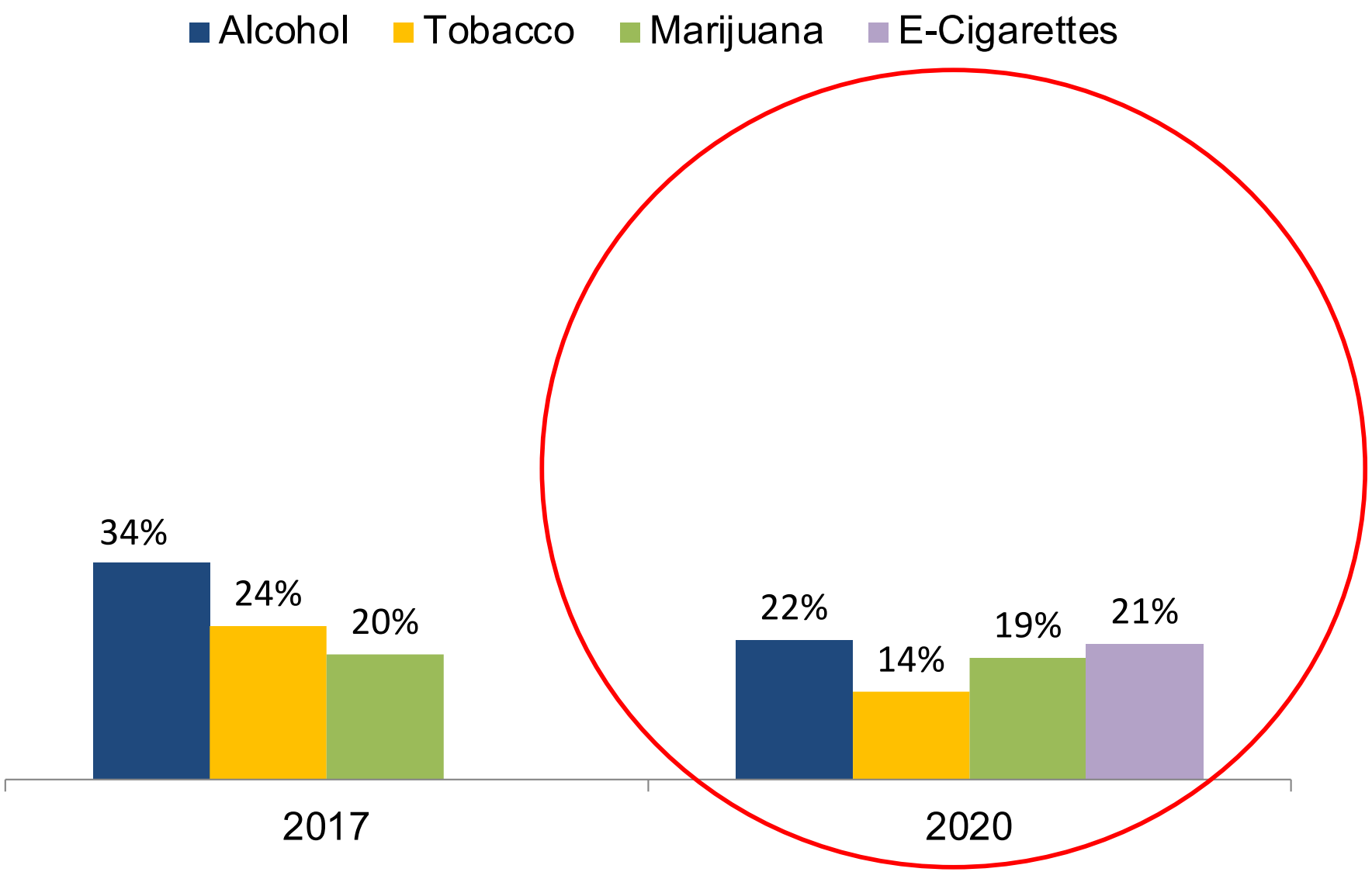
Perception of Parental Disapproval – 12th Grade

(Wrong or Very Wrong to use)



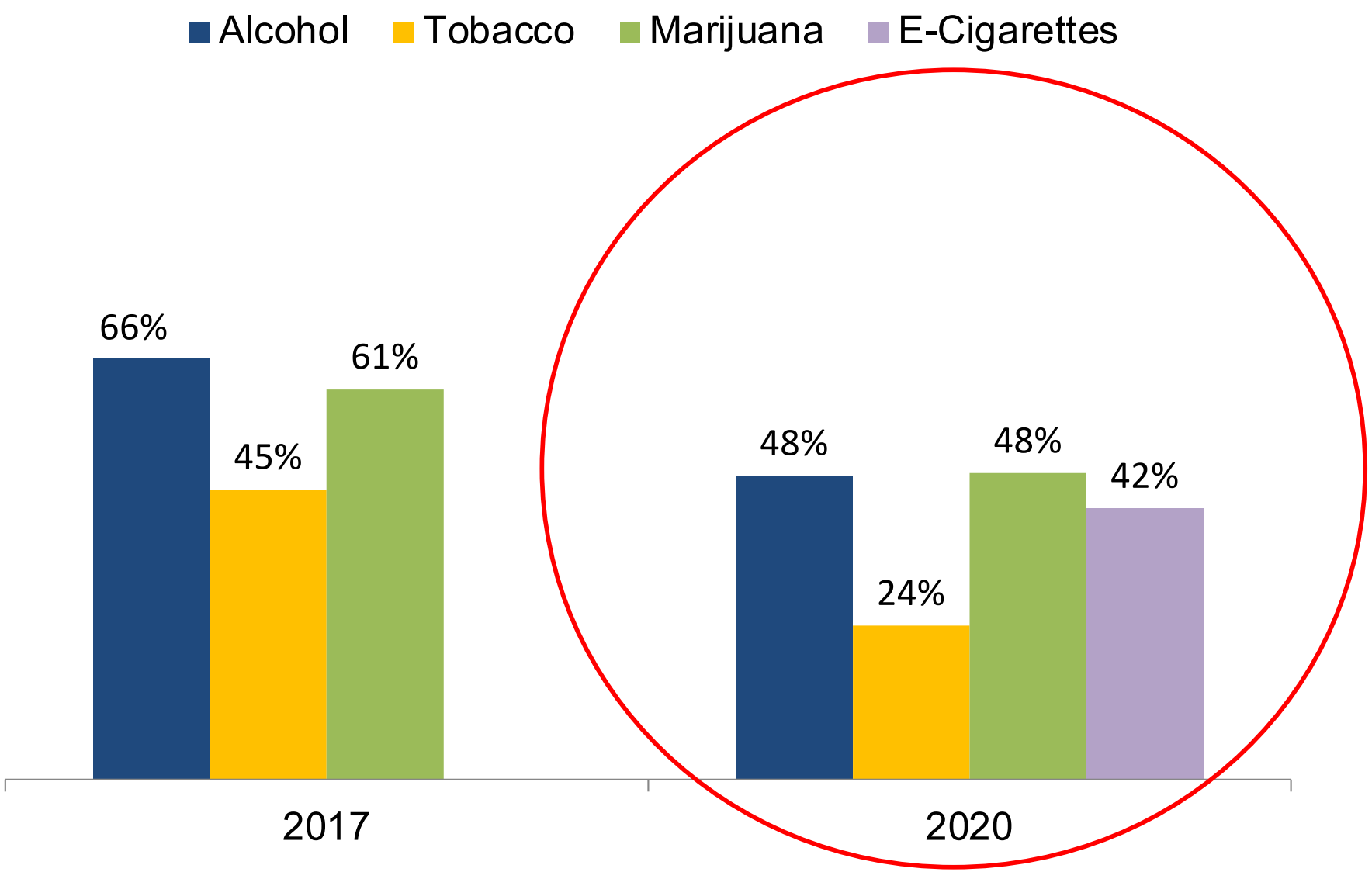
Availability of Drugs – 8th Grade

(Fairly Easy or Very Easy)



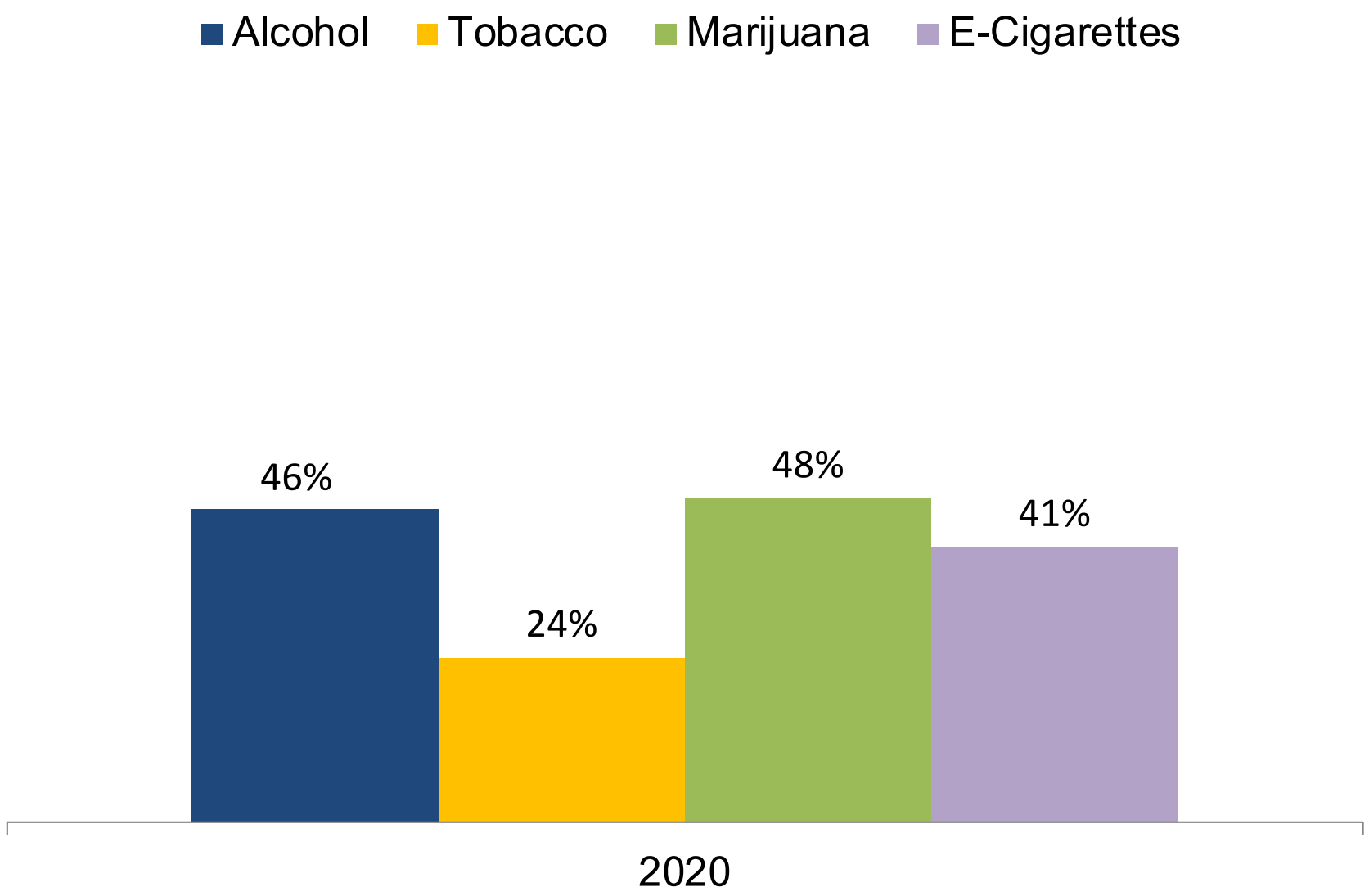
Availability of Drugs – 11th Grade

(Fairly Easy or Very Easy)



Availability of Drugs – 12th Grade

(Fairly Easy or Very Easy)



Survey-Based Insights

- 8th grade students report alcohol, cigarettes, e-cigarettes, and marijuana levels all below national norms.
- 12th grade students report alcohol, cigarettes, and e-cigarettes levels below national norms while marijuana levels are at national norm.
- 11th grade students report higher use of alcohol, cigarettes, e-cigarettes, and marijuana than 12th grade students.
- Alcohol and cigarette use in 11th grade has decreased from 2017; however, marijuana use has increased from 2017. Marijuana use has also increased in 8th grade students.
- Prescription drugs and opioids use are low among students

Survey-Based Insights

- Youth indicate that a friend's house is the most common place to use alcohol, marijuana, and e-cigarettes.
- Perception of risk of harm for alcohol, tobacco, e-cigarettes, and prescription drugs are all high; however youth are less concerned about the risk of marijuana use.
- While there is an overwhelming belief that parents disapprove of all forms of drug use, most parents do not talk with their teens about the problems of drug use.
- Alcohol is perceived to be the easiest substance to get in 8th grade, both alcohol and e-cigarettes are equally easy to get in 11th grade, and by 12th grade marijuana is the easiest.

OCADA in ACTION: Revitalizing Now!

PARENTS AND COMMUNITY TOGETHER

THE NYACKS • VALLEY COTTAGE

OCADA

Our Community Against Drug Abuse

Working together to protect our youth from substance abuse,
to foster a safe community and
to establish an ongoing network for:

Awareness

Information

Support Without Judgment

Change

OCADA in the Community

PARENTS AND COMMUNITY TOGETHER

OCADA Rx Drug Take Back Days

PARENTS AND COMMUNITY TOGETHER

Upcoming:
Sat. April 24th
10 am - 2 pm
Walgreens
In Nyack

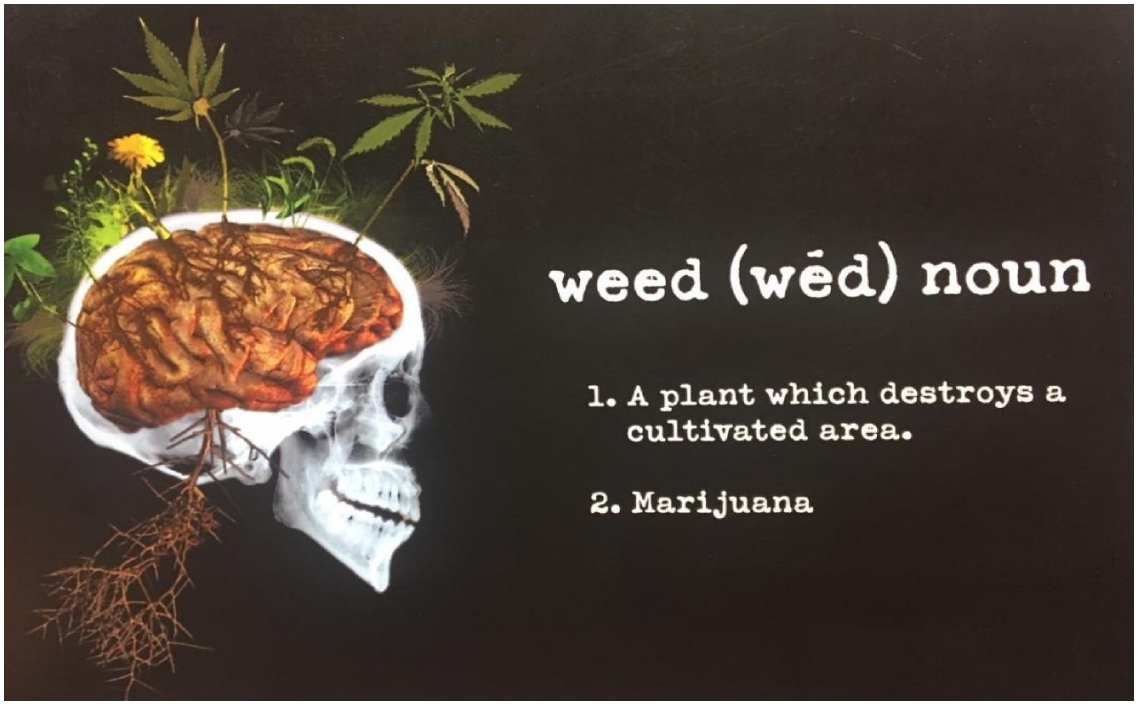
Raising Awareness in School

PARENTS AND COMMUNITY TOGETHER

Providing Information to Students

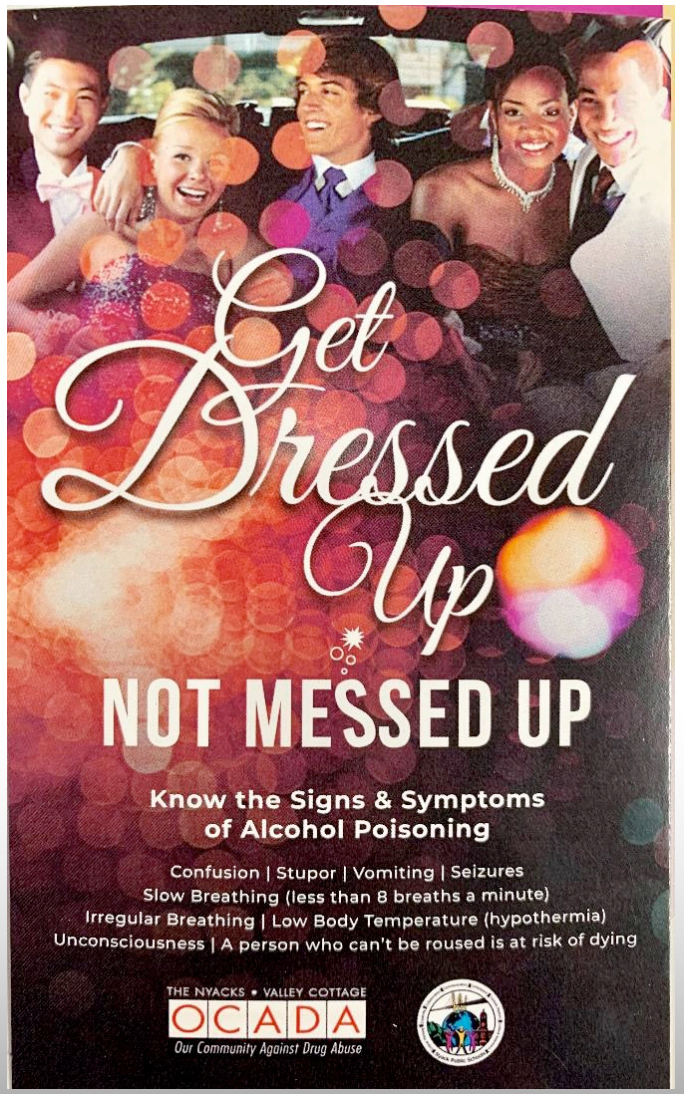
PARENTS AND COMMUNITY TOGETHER

Campaigns


weed (wēd) noun
1. A plant which destroys a cultivated area.
2. Marijuana

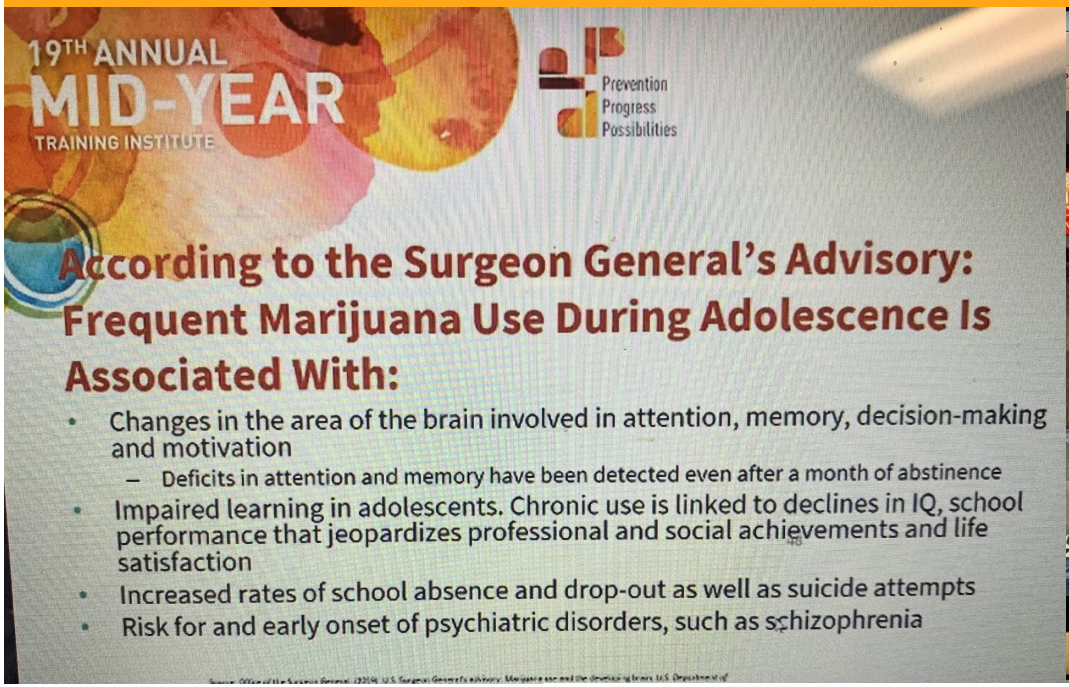
2ND HAND SMOKE CONTAINS MORE THAN 4000

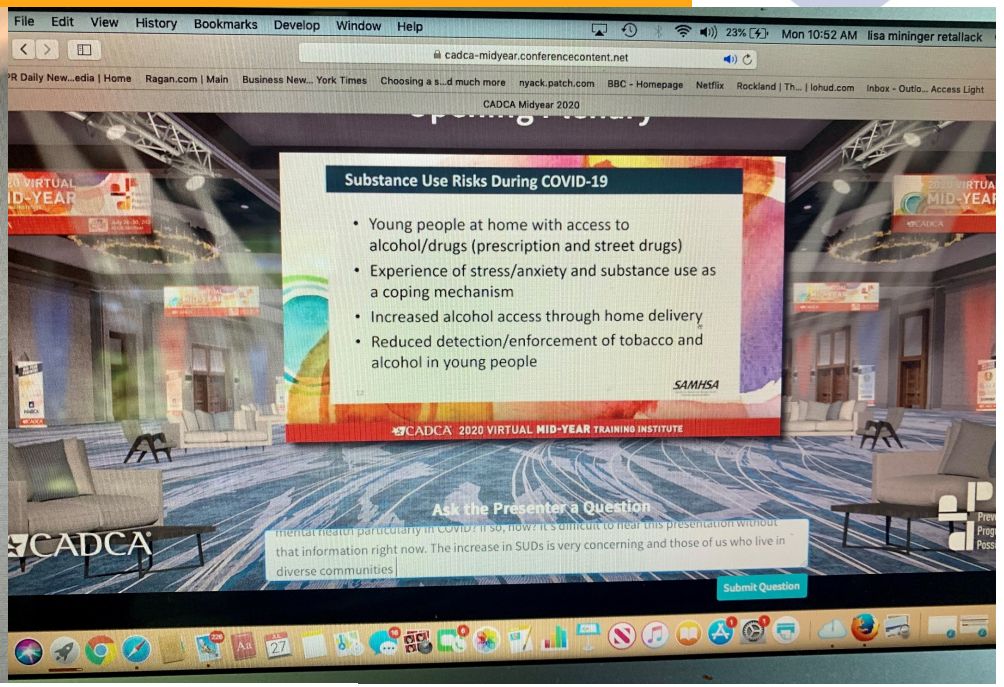
#AMERICAN LUNG ASSOCIATION
#OCADA COALITION


Get Dressed Up
NOT MESSED UP
Know the Signs & Symptoms of Alcohol Poisoning
Confusion | Stupor | Vomiting | Seizures
Slow Breathing (less than 8 breaths a minute)
Irregular Breathing | Low Body Temperature (hypothermia)
Unconsciousness | A person who can't be roused is at risk of dying
THE NYACKS • VALLEY COTTAGE
OCADA
Our Community Against Drug Abuse

Trainings and Partnerships

PARENTS AND COMMUNITY TOGETHER





Organizing: Getting to the Root

PARENTS AND COMMUNITY TOGETHER

- **Systemic racism exists. To get real and do something about it, we must be willing to learn from history, understand power and organize for social justice and equity.**
- **Register at: OCADAworks.org**

DID YOU KNOW THAT RACISM IS A RISK FACTOR FOR SUBSTANCE USE?

GETTING TO THE ROOT 2-DAY WORKSHOP

via Zoom with premier facilitators
Barbara Major & David Billings

FREE. Space is Limited.

Workshop is open to the
Nyack/Valley Cottage community only

SATURDAY & SUNDAY
APRIL 24TH - 25TH
9:00AM - 4:00PM
(Must attend both days in full)

THE NYACKS • VALLEY COTTAGE
OCADA
Our Community Against Drug Abuse

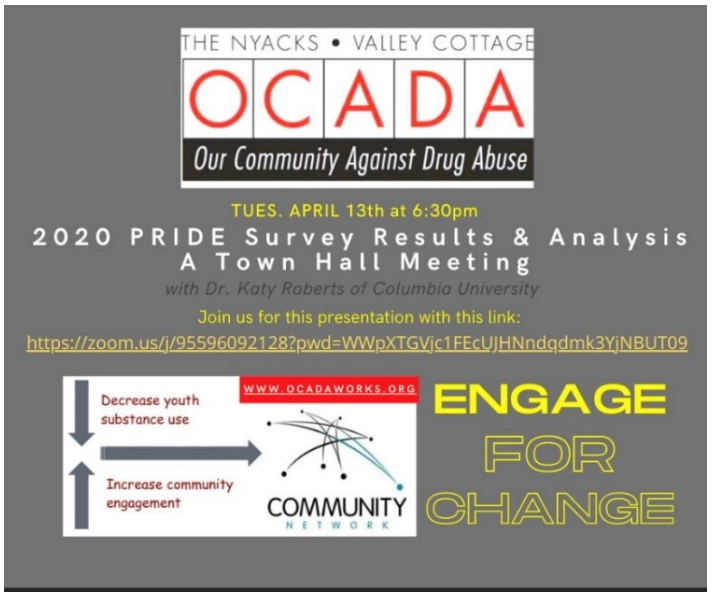
In Collaboration with Rockland Center for Safety & Change

40 YEAR ANNIVERSARY
CENTER FOR SAFETY & CHANGE

ROOT CAUSE

Find and Follow Us on Social Media

PARENTS AND COMMUNITY TOGETHER



www.OCADAworks.org